

If price is going up it is SM moving it there not the herd. If SM busts through an area on high volume on a move up then we are either seeing selling or absorption. Now if SM wants to go up they will many times go up a bit but then return to "test" for supply at the previous high volume area. If none is found (i.e. low volume basic test) then they will continue up. If we are above the point of highest volume then I would be looking for a long... if below a short. High volume trigger level work somewhat like daily POC's when it comes to controlling price and reaction in these areas. Really high volume and or spread is a sign that something has happened... it is waiting for VSA signals in these levels of action that I trade using triggers. These are typically very low risk trades that one can take with confidence.